

CHANGING HORIZONS

The psychological dynamics of a female patient
during drastic socio-political changes

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Radical socio-political shifts affect various aspects of an individual's ego complex.

This presentation focuses on the psychodynamics of a female patient during a period of collective upheaval. Her sandplay therapy process revealed deep-seated psychological wounding - loss/death, fear, abandonment, and being a "misfit". It also shed light on the significant woundedness of her femininity due to an abusive personal mother, which echoed a socio-political perspective of the Motherland in which she lived.

Her sandplay process will be discussed in full. Specific scenes will be explored to illustrate theoretical concepts such as the ego-complex, archetypal defences to protect the vital core of the victim, autistic and paranoid defences, enantiodromia, and conscious ego integration.



Saturday 30 May 2026



10 -12 am



Zoom



2 General CEU's



R450 SASTS members
R550 Non members
30 US\$ International
guests